



Dennis Van der Meer
President

Pat Van der Meer
Academy Co-Director

Marcos Ondruska
Academy Director

Thomas Richter
Head Professional

Vince Bilotta
Head Professional

David Lewis
ATP Pro/Coach

Tommy Shimada
ATP Pro/Coach

Sally Droop
Quickstart Instructor

Rafael Array Pareja
Mimi Emoto
Christian Ranguelov
Michael Stevenson
Academy Coaches

Kerri Dunn
Fitness Coordinator

Russ Crandall
Head of Housing



**Our Holiday Wish for
VDM Academy Students**

Enjoyment in playing
Improvement of your skills
Growth of your mind and body
Resolve to work hard at all times
Discipline to improve your mental game
Heart to compete and always give your best
Courage to keep fighting and never to give up
Perseverance to find a way to win even when not playing your best
Grace in losing while learning something to help you later
Patience to find the solution to problems
Joy of winning some hard fought battles
Determination to make hard practice fun
Confidence to try new things

LOVE OF THE GAME !!!
Dennis and Pat Van der Meer 🎾

An important key to success is self confidence. An important key to self confidence is preparation."

- Arthur Ashe on preparing for success

"Don't let what you can not do interfere with what you can do. Success comes from knowing that you did your best to become the best that you are capable of becoming."

- John Wooden on trying your best

"Winning is a habit; unfortunately, so is losing." "Winning isn't everything, but wanting to win is." "Winners never quit, and quitters never win."

- Vince Lombardi on winning

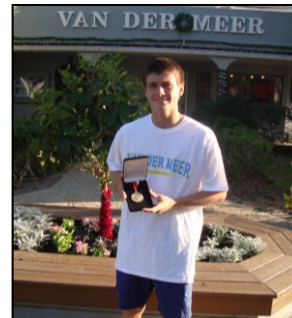


November Tournament Results

15 year old Nathan Perrone won the 16’s National Open in Austin Texas over Thanksgiving. Nathan only dropped one set during the event, which bodes well for the upcoming Orange Bowl.

SC State Open at Van Der Meer

- Girls 18** Singles Valerie Droop- Finalist
Saera Kanda- SF (3rd place)
Masako Makiba –SF
- Doubles Makiba/Kanda Champions
Droop/Juliana Goehner- SF
- Boys 18** Singles Tim Becker d Landon Trust CF
- Girls 16** Singles Elle Christensen – Champion
McKenzie Collins-SF(3rd place)
Sara Putnam – winner CF
- Girls 16** Doubles Putnam/Collin s- Champions
- Boys 16** Singles Trevor White - SF
- Boys 16** Doubles Trevor White - SF
- Girls 12** Doubles Kendall Kovick - SF
- Girls 10** Singles Emily Ruckno – F
Maddie Pollitzer - winner CF
- Girls 10** Doubles Pollitzer/Ruckno d A. Armistead/ C.Stubbs



ITF Atlanta

- **Jade Lewis** - 3rd round singles
- **Nathan Perrone** - 3rd round singles

ITF South Carolina

- **Nathan Perrone** - 3rd round singles
- **Jade Lewis** – quarterfinals doubles

Holiday Junior Tennis Clinics

December 27 - 29	Junior Weekend Clinic	\$320	10 hours
December 30 – January 3	Junior Tennis Clinic	\$495	20 hours



Fitness Corner – Holiday Fitness

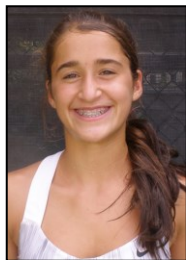
All of us need a break from the routine at times, so enjoy your time with family. Don't, however, lose your fitness foundation! Stay active, work out a bit to keep your edge, and don't pig out totally. Enjoy some of your favorite treats, but keep it reasonable. Be ready for the New Year!

Fitness Stars

VDM Fitness Trainer selected these players for the first semester. Awards were based on testing scores as well as consistent work ethic and performance on and off court. Congratulations, winners!



Best All Around Boy
David Botti



Best All Around Girl
Alexis Voulgaropoulos



Most Improved Boy
Tim Geber



Most Improved Girl
Carolina Lewis