



# VAN DER MEER TENNIS ACADEMY

## DECEMBER, 2017 NEWSLETTER



Dennis Van der Meer  
Founder

Pat Van der Meer  
Academy Co-Director

Vince Bilotta  
Head Professional

Elizma Nortje  
Head Pro, Mental  
Training Director

Katie Ruth  
Head Pro, Academy  
Fitness Director

Reggie Sanderson  
Sr Academy Coach  
Tournament Director

Etienne Dumas  
Head Pro, WTA/ATP  
Coach

Michelle Green  
Ryan Kreis  
Phil O'Sullivan  
Josh Smith  
Academy Coaches

Sally Droop  
Quickstart Instructor

Melissa Marchetta  
Head of Housing

### Our Holiday Wish for VDM Academy Students



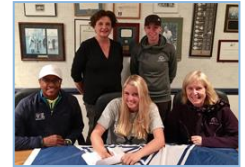
**Enjoyment** in playing  
**Improvement** of your skills  
**Growth** of your mind and body  
**Resolve** to work hard at all times  
**Discipline** to improve your mental game  
**Heart** to compete and always give your best  
**Courage** to keep fighting and never give up  
**Perseverance** to find a way to win even when not playing your best  
**Grace** in losing while learning something to help you later  
**Patience** to find the solution to problems  
**Joy** of winning some hard fought battles  
**Determination** to make hard practice fun  
**Confidence** to try new things

Happy Holidays!

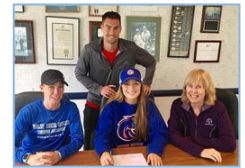
from everyone at

**VAN DER MEER TENNIS ACADEMY**

### COLLEGE SIGNINGS



**ANNA LETTO**  
XAVIER UNIVERSITY



**FRANKIE TRELLA**  
BOISE STATE



**EMMA DEIMLING**  
BINGHAMTON UNIVERSITY

### JUNIOR SPRING BREAK & ACADEMY WEEKS

Make your plans now to train with the best over Spring Break. Kick it up a notch with our World Class Coaches. Take it to the Next Level on court at the world famous VDM Tennis Center. Visit [vdmtennis.com](http://vdmtennis.com) or call our sales department for more information.



### JUNIOR SUMMER CAMPS — TAKE IT TO THE NEXT LEVEL

Van Der Meer Academy had an awesome summer - full camps with lots of great match play on all surfaces along with excellent tournament results. The academy camp again had visiting teams and players from as far as Ethiopia, Slovenia, Russia, Australia, Spain, Thailand and Japan and as close as Atlanta. Holiday Camps for 2017 are now taking reservations and the dates for 2018 summer camps are set. Boarding was full last summer, so reservations should be booked well in advance. Visit [vdmtennis.com](http://vdmtennis.com) or call our sales department for more information.



## VAN DER MEER TENNIS ACADEMY

HILTON HEAD ISLAND, SC 1.800.845.6138



[WWW.VDMACADEMY.COM](http://WWW.VDMACADEMY.COM)

[WWW.FACEBOOK.COM/VDMTENNISACADEMY](http://WWW.FACEBOOK.COM/VDMTENNISACADEMY)



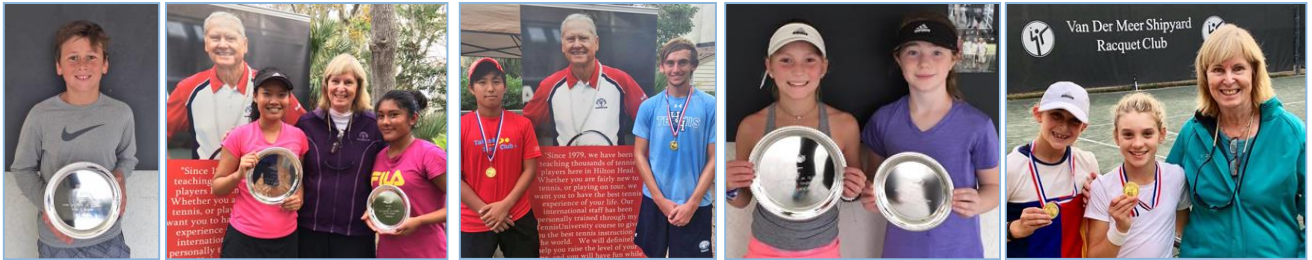
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### TEAM VDM CHAMPS

Some of the terrific stars at the VDM Academy. We salute our players' great tournament results for the first semester. The kids worked hard on and off court to improve their strokes, tactics and fitness with our excellent coaches, and they displayed discipline, respect and great sportsmanship while competing at their best level! Looking forward to an even greater 2018 for TEAM VDM.



### FITNESS CORNER – FIRST SEMESTER FITNESS STARS

We believe that balancing fitness and mental toughness with strokes and tactics make great players. Our staff voted the following players most consistent in overall effort and performance in the gym and on court fitness for the Fall Semester



**NEYOU MINASSIE**  
MALE FITNESS STAR



**REBEKAH STEPLEMAN**  
FEMALE FITNESS STAR



**ALEX ARAGON**  
MALE MOST IMPROVED



**LIZZIE LOFYE**  
FEMALE MOST IMPROVED



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